



## **Commission on Children and Youth Meeting Summary November 9, 2016**

**Members Present:** Cecily Adams, Quajalyn Amos, Noor Alsulaihat, Shari Argue, Annieka Attah, Dana Bell, Shruti Bhatnagar, Gina Brown, Ethan Chen, Adriane Clutter, Dr. Leslie Copeland-Tune, Laura Espinoza, Elias Gonzalez, Lynne Harris, Carson Henry, Lindsay Hoffman, Rachel Kavanagh, April Kaplan, Nora Ludden, Elizabeth Mc Glynn, Dr. Angela Mickalide, Minh Nguyen, Tamara Niodomanski, and Sinclair Redding

**Members Absent:** Danielle Gillon and Roberta Rinker

**Staff Present:** Erin Stillwell (DHHS)

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Lindsay Hoffman, chair, called the meeting to order at 7:07 PM.

**Introduction:** Introduction of new commission members

**Minutes:** Review of meeting minutes from October 12, 2016

**ACTION:** Meeting minutes were approved, with amendment

**Annual Report:** Review of annual report, to include A. Mickalide edits, and Dana Bell's letter from the chair

**ACTION:** Annual report was accepted with A. Mickalide and Laura Espinoza's edits, and the addition of Dana Bell's letter

### **Commission Updates:**

- **HHS Budget Forum FY18:**  
Quajalyn Amos provided updates on the HHS budget forum  
HHS Director provided zip code information on poverty
- **Prevention Symposium**  
Hosted by *Many Voices for Smart Choices*, Collaboration Council  
Angela, Leslie, Shari and Erin attended  
Dr. Leslie Copeland-Tune provided update on the speakers who presented on opioid addictions  
Shari commented that the video shown: "Chasing the Dragon" was very insightful

April Kaplan shared information on the Many Voices for Smart Choices-education/awareness around drug prevention (not about treatment); have been hosting focus groups in the County

- **HHS Priorities Breakfast**

Lindsay Hoffman thanked Elias Gonzalez for presenting on behalf of the CCY  
Elias Gonzalez provided feedback on the breakfast

Carson Henry was also in attendance and highlighted other issues that were common themes in other BCC: mental health, child care and substance abuse

**New Business:**

- Discussion about CCY participating in upcoming events  
MLK Day of Service, Tour de Cookie, Dworkin Awards  
Distributed Sign-Up Sheets for Ad Hoc Committees

**Youth Leadership Committee Report Out:**

Lynne Harris and Dr. Angela Mickalide helped lead the first youth leadership committee

Youth presented questions for roundtable that they had prepared in their session:

***Opioid Questions:***

What comes to mind when you hear the word “opioid?” What are opioids?

Where do you think you would find opioids (access)?

Do you know anyone who has abuse or sold opioids? Why did they? What were the red flags (prevention in relation to shared stories)

Do you know where and how you can get treatment for opioid addiction? Do you have a trusted adult in your life that you could ask for help?

***Suicide/Self-Harm:***

How has suicide affected you? Have you or someone you know experienced thoughts of self-harm?

How prevalent do you think self-harm is amongst youth? What leads you to believe that?

Is there a stigma associated with self-harm/suicide? What are some of the red flags?

What could/should you do if someone approaches you for help? What resources are available for help?

**Youth Having a Voice Roundtable Planning**

Invites have been extended to: AA Lead, Teen Works (Recreation), SON, Unity Christian Fellowship, Identity

Also recommended to invite: GSA (Gay/Straight Alliance), LAYC, Minority Scholars Program

Adult Commissioners: will bring \$10 gift cards for the participants

## **Sub-Committee Break Sessions**

### **Announcements:**

- April Kaplan: next Wednesday (11-16-16) Collaboration Council will be hosting Partnership Awards, Veteran's Plaza; emphasizing partnerships in the County

The meeting was adjourned at 9:04 p.m.